



Mrs Bradley and Mrs Roche would like you to use this timetable to help you to organise your home learning routine for today. Remember—you can check @Y1StocktonWood on Twitter for more prompts!

Time	Your 'Now-Next-Then' Schedule	You will Need
8:55am	'Check in': How are you feeling today? Write the date and draw an emoji to show how you are feeling.	A pencil and your home learning book or paper.
9:00am	Fitness & Agility: Tune in to Joe Wicks' daily exercise class and get moving! Just Google 'Joe Wicks PE lessons YouTube' or follow the link. 	Lots of energy and a device! https://www.youtube.com/playlist?list=PLyCLOpd4VxBuS4UeyHMccVAjpWaNbGomt
9:20am	Phonics: Play 'Space Race' on the Phonics Play website. (Try Phase 2 first, then Phase 3 and Phase 4 if you want a challenge!) Log in using these details... Username: jan21 Password: home 	Your device and this link: https://www.phonicsplay.co.uk/resources/phase/3/space-race
9:45am	English: It's the last day of our topic, so you get to choose today! Look at the activity instructions for Friday 5th February in your workbook and decide which one to try!  	Your English workbook will tell you what you need for each activity!
10:30am	Brain Break (Choosing Time!)	
10:50am	Maths: Follow the link and watch the <u>fifth and final</u> video ('Subtraction Counting Back'). Complete the worksheets labelled 'Friday' in your workbook.  	Your device and this link: https://whiterosemaths.com/homelearning/year-1/spring-week-3/ + your Maths workbook and a pencil
11:35am	 RM Easimaths OR NumBots 	Your device and login details.
12:00pm	Lunchtime (Bon appetit!)	
1:00 pm <i>(Don't forget to take a Brain Break at some point this afternoon too!)</i>	P.E./Children's Mental Health Week - Express Yourself At 1:40pm, you can join in with children across the city in the biggest live workout that Liverpool has ever seen! Our school has signed up for this event, and families at home can sign up by following this link: https://lssp.co.uk/liverpool-schools-live-workout/ and clicking on the 'Home Sign Up' link near the bottom of the page. You can also make a donation OR just join in for fun. It's up to you! While you are getting ready to join in, why not 'Express Yourself'? You could express yourself through your clothes, hair etc. You could wear your favourite colour or choose a range of colours that express how you're feeling. The most important thing is to have fun!	Yourself!! LIVERPOOL SCHOOLS LIVE WORKOUT FRIDAY 5th February 1:40 - 2:20 #Workouttohelpout Supporting Liverpool Food Banks Take part in the biggest school live workout Liverpool has ever seen Join in from home or at school, connect with friends and family from all over our city Have FUN and help make a difference
2:30pm	Reading / Story Time: Read a book on the Oxford Owl website (oxfordowl.co.uk) AND/OR listen to a CBeebies Bedtime Story (BBC iPlayer). <i>Check Twitter for some recommendations!</i>  	Your device and these login details... Username: y1stocktonwood Password: y1sw
3:00pm	Well done for all of your hard work today! (Don't forget—you can share pictures of your work by tweeting and tagging 'Y1StocktonWood' in your post!)	