




Reception Timetable

★ Thursday 24th February ★

Use this timetable to help organise your home learning routine for today.

Time	Your 'Now-Next-Then' Schedule	You will Need
9:00am	'Check in' How are you feeling today? Meditate, Yoga, Quiet calm game, mentally preparing for the day ahead.	Check in Emoji card Relaxing Music Cosmic Yoga
9:30am	Reception Zoom 	Access to internet
10:00am	Brain Break Youtube—'Little Sports' and choose a video to follow. Then have a healthy snack .	
10:30am	Phonics <i>(See additional notes)</i>	Phonics Sound Mat Word Flash Cards Access to internet.
11:00am	Play Time	
11:45am	Literacy <i>(See additional notes)</i>	Narrative strategy cards & sentence
12:15pm	Lunch Time	
1:15pm	Maths <i>(See additional notes)</i>	Numicon Playdough
1:35pm	Strong Hands & Handwriting Practice <i>(See additional notes)</i>	Playdough Pencil Control Worksheet
1:45pm	Play Time	
2:45	Reflect on your day and then read a book for pleasure.	Your favourite book
3:00	Well done for all your hard work today :)	