



Stockton Wood Primary School

#StocktonWoodHomeLearning

Reception Timetable


Wednesday 23rd February



Well-Being Wednesday



Use this timetable to help organise your home learning routine for today.

Time	Your 'Now-Next-Then' Schedule	You will Need
9:00am	'Check in' How are you feeling today? Meditate, Yoga, Quiet calm game, mentally preparing for the day ahead.	Check in Emoji card Relaxing Music
9:30am	Reception Zoom 	Access to internet
9:50am	Phonics <i>(See additional notes)</i>	Phonics Sound Mat Word Flash Cards Access to internet.
10:10am	Brain Break Youtube—'Little Sports' and choose a video to follow. Then have a healthy snack .	
10:20am	Literacy <i>(See additional notes)</i>	Narrative strategy cards & sentence
10:50am	Play Time	
11:30am	Maths <i>(See additional notes)</i>	Numicon Playdough
12:00pm	Lunch Time	
1:00pm	Well-Being Wednesday <i>Choose a Task from Well-Being Wednesday Activity sheet.</i>	Playdough Pencil Control Work-
2:00pm	Play Time	
2:45	Reflect on your day and then read a book for pleasure.	Your favourite book
3:00	Well done for all your hard work today :)	