




# Reception Timetable

★ Monday 22nd February ★

Use this timetable to help organise your home learning routine for today.

Time	Your 'Now-Next-Then' Schedule	You will Need
9:00am	<b>'Check in'</b> How are you feeling today? Meditate, Yoga, Quiet calm game, mentally preparing for the day ahead.	Check in Emoji card Relaxing Music Cosmic Yoga
9:30am	<b>Reception Zoom</b> 	Access to internet
10:00am	<b>Brain Break</b> Youtube—'Little Sports' and choose a video to follow. Then have a <b>healthy snack</b> .	
10:30am	<b>Phonics</b> <i>(See additional notes)</i>	Phonics Sound Mat Word Flash Cards Access to internet.
11:00am	<b>Play Time</b>	
11:45am	<b>Literacy</b> <i>(See additional notes)</i>	Narrative strategy cards & sentence
12:15pm	<b>Lunch Time</b>	
1:15pm	<b>Maths</b> <i>(See additional notes)</i>	Numicon Playdough
1:35pm	<b>Strong Hands &amp; Handwriting Practice</b> <i>(See additional notes)</i>	Playdough Pencil Control Worksheet
1:45pm	<b>Play Time</b>	
2:45	<b>Reflect</b> on your day and then read a book for pleasure.	Your favourite book
3:00	Well done for all your hard work today :)	