



Reception Timetable

Monday 1st February



All links needed are tweeted daily!

At 08:55 @yrstocktonwood



Use this timetable to help organise your home learning routine for today.

Time	Your 'Now-Next-Then' Schedule	You will Need
9:00am	<p>'Check in' How are you feeling today?</p> <p>Meditate, Yoga, Quiet calm game mentally preparing for the day ahead.</p>	<p>Check in Emoji card</p> <p>Relaxing Music</p> <p>Cosmic Yoga</p>
9:30am	<p>Reception Zoom </p>	<p>Access to internet</p>
10:00am	<p>Brain Break</p> <p>Youtube—'Little Sports' and choose a video to follow. Then have a healthy snack.</p>	
10:30am	<p>Phonics—New Sound 'ch'. Try to write a word or a SIMPLE sentence with your new sound in after watching the video.</p> <p>Youtube: Letters and Sounds for home and school -> lesson 41 part 1 & 2</p> <p><i>(See additional notes)</i></p>	<p>Phonics Sound Mat</p> <p>Word Flash Cards</p> <p>Access to internet.</p> <p>Pencil and paper</p>
11:00am	<p>Play Time</p>	
11:45am	<p>Literacy - Create a Narrative Strategy Sentence</p> <p><i>(See additional notes)</i></p>	<p>Narrative strategy cards & sentence</p>
12:15pm	<p>Lunch Time</p>	
1:15pm	<p>Maths - Learning with Numicon & Playdough</p> <p><i>(See additional notes)</i></p>	<p>Numicon</p> <p>Playdough</p>
1:35pm	<p>Strong Hands & Handwriting Practice</p> <p><i>(See additional notes)</i></p>	<p>Playdough</p> <p>Pencil Control Worksheet</p>
1:45pm	<p>Play Time</p>	
2:45	<p>Reflect on your day and then read a book for pleasure.</p>	<p>Your favourite book</p>
3:00	<p>Well done for all your hard work today :)</p>	

Monday Additional Notes

<p>Phonics</p>	<p>Every phonics lesson starts by revisiting all the letters we have learnt so far. This includes: s, a, t, p, i, n, m, d, g, o, c, k, ck, e, u, r, h, b, f, ff, l, ll, ss, j, v, w, x, y, z, zz, qu.</p> <p>Ask your child to run their finger along the 'Phonics Sound Mat' to get in the 'Phonics Zone'. SEE YOUTUBE VIDEO.</p> <p>Now your child is in the zone, follow along with the YouTube phonics video. Tell them they have a NEW TEACHER, who is a friend of ours. His name is Josh! He will let us know who's joining in or not!</p> <p>Part 1 - https://www.youtube.com/watch?v=tuzFWRkKh8A&list=PLuGr6z2H2KNGLy2Tckcy8Kk8u10mXgcmi&index=15 Part 2 - https://www.youtube.com/watch?v=U2mlqh3OvAk&list=PLuGr6z2H2KNGLy2Tckcy8Kk8u10mXgcmi&index=14</p>
<p>Literacy</p>	<p>This is your second narrative strategy sentence. Using the boards from Thursdays lesson.</p> <p>(when) Eventually (who) the boy and the penguin (what) travelled home (where) in the boat.</p> <p>Can you recreate the sentence and talk about the different parts it has?</p>
<p>Maths</p>	<p>This is your child's first lesson with Numicon. Using the playdough and the Numicon, take time exploring the Numicon. Perhaps print the Numicon into the playdough, or tear around the shape, or putting play dough balls into the holes.</p>
<p>Strong Hands</p>	<p>Strong hands is an activity we do in Early Years to build muscles in our fingers. It is to support them with their writing.</p> <p>Use the play dough provided and follow along with the video. Get your fingers stretched and ready to do beautiful writing!</p> <p>If you do not have access to YouTube. Exercises like rolling the playdough into small balls, rolling, squishing, splatting, pinching and poking will help develop the muscles in their fingers.</p> <p>https://www.youtube.com/watch?v=DrBsNhwxyzgc</p>